

*Gerry*

20 February 1981

MEMORANDUM FOR: [ ] Deputy Chief,  
Benefits and Services Division,  
Office of Personnel Policy,  
Planning, and Management

FROM: NFAC Working Board of the  
Federal Women's Program

SUBJECT: Fitness Room Hours in Effect  
9-20 February 1981

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1. During February construction in the fitness area disrupted the normal hours allotted to men and women. We realize this construction was unavoidable, temporary in nature, and inconvenienced all track and fitness room users. Even so, several women in NFAC expressed their dissatisfaction over the new hours to representatives of our Group.

2. We understand construction of a more prolonged nature is scheduled to begin shortly. Since concern over the fitness room hours had been raised, we informally sampled women's interest in the fitness room. We discovered that more females use the gym--especially during what were previously coed hours--than are reflected in the log. We found many women, not realizing its purpose, neglected to sign this log book. We also found that several women could no longer use the facility under the temporary schedule. All women questioned expressed a desire for more "women's hours".

3. Before a schedule covering the prolonged construction period is finalized, we request consideration be given to:

o A more equitable split of the original coed hours.  
Under the temporary schedule all women who wish to use the fitness room during normal working hours must do so in a compressed two-hour period, sharing one dressing room and three showers.

o More locker room/shower time before and after normal working hours, especially in the evening. Currently women are allotted 30 minutes to avail themselves of the locker room and shower facilities. One may opt to change clothing, exercise and return to the showers within a 1/2 hour period; change elsewhere in the building, exercise and shower by 7:00 p.m.; or use the dressing room between 6:30-7:00 p.m., exercise, and not shower.

Members of our Group will be happy to work with representatives from your office to devise a more satisfactory schedule for all, given the constraints imposed by the construction.



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